

APRIL 2020 NEWSLETTER

Dear Beacon Families, Parents, & Guardians,

We hope you are staying healthy and safe! We know this is a challenging time for everyone, in so many different ways. We are sending our wishes for your wellness and want to let you

know what we are up to. We miss being with our students!

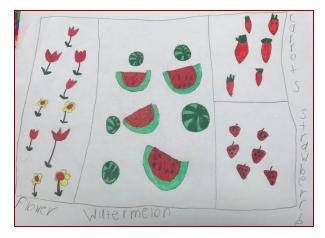
First, we have big news: we have officially changed our name to Land to Learn. Check out our new image and website!

We are still working towards our mission of supporting community wellness and food justice through garden-based education: We are joining some virtual classes and we are creating <u>educational videos for students</u> to continue their garden-based learning remotely. We have sent videos to all of the k-2 teachers. If you have not received them you can view them all on our <u>YouTube channel</u>.





Students are even doing fun activities as they follow along with our instructional videos, like making garden maps at home!



While schools remain closed, our garden

classrooms will shift towards food production for donation to local food access programs.

And our team is committed to staying connected through this period of social isolation and school closing. Check in with us on <u>Facebook</u>, <u>Twitter</u>, and <u>Instagram</u>, where we are sharing creative videos that include academic content, games, important food access information, gardening, vegetables, and cooking. (*These accounts will soon transition to our new name*).

Be Well.

Ms. Megan, Ms. Diana, & Ms. Nicole



April's Vegetable of the Month Potatoes

Papas

What is a Potato's What is a Potato's Neast favorite day least favorite week?

Fry Day!

Fun Facts about Potatoes

- The potato is 80% water.
- Potatoes are the official state vegetable of Idaho
- The largest potato ever was over 8 pounds!
- Potatoes are native to the Andes mountains, in South America.
- The average American eats 124 pounds of potatoes per year.
- In 1995, the potato became the first veggie ever grown in space.
- The sweet potato is NOT related to the regular potato- belongs in the same family as morning glories while the regular potato belongs to the same group as tomatoes, peppers and eggplants.
- There are over 4000 different native varieties of potatoes!

Potato Salad

Ingredients

- ¼ cup of your favorite creamy dressing
- ¼ cup applesauce
- 1 teaspoon dried, minced onion
- 1 teaspoon dried dill
- 1 tablespoon mustard
- 1 pound of potatoes, cooked and sliced
- Salt and pepper to taste

Instructions

- Whisk together dressing, applesauce, onions, dill and mustard
- 2. Pour over potatoes and toss
- Add salt and pepper to taste
 *Feel free to swap out dried dill & onion for fresh- just chop it and mix it in to your liking!

Landtolearn.org

